



**Atlas of Canada 6th Edition  
(archival version)**

**Relief**

Canada is a vast country comprised of a multitude of very different landscapes: Atlantic provinces, the Appalachians, St. Lawrence and Great Lakes lowlands, Canadian Shield, The Prairies, mountain ranges and high plateaus of the Canadian Cordillera, and northern Canada.

0 150 300 450 600 km

Lambert Conformal Conic Projection. Standard Parallels 49°N and 77°N

<b>Relief</b>	<b>Bathymetry</b>	<b>Populated Places</b>
Sea level - 100 m	Sea level - 200 m	1 - 4 999
100 - 200 m	200 - 500 m	5 000 - 49 999
200 - 300 m	500 - 1 000 m	50 000 - 99 999
300 - 500 m	1 000 - 2 000 m	100 000 and greater
500 - 700 m	2 000 - 3 000 m	Provincial and Territorial Capital
700 - 1 000 m	3 000 - 4 000 m	National Capital
1 000 - 1 500 m	4 000 - 5 000 m	
1 500 - 2 000 m	5 000 and below	
2 000 - 3 000 m		
3 000 - 4 000 m		
4 000 - 5 000 m		
Mount Logan, 5 959 m		
Water Area		
Regions outside Canada		

**Boundaries**

- International
- Provincial / Territorial
- Canada / Kalaallit Nunaat dividing line
- EEZ (200 mile)

**Source(s):**  
**Bathymetry**  
Bathymetry data were derived from The GEBCO Digital Atlas (1997), published by the British Oceanographic Data Centre on behalf of the Intergovernmental Oceanographic Commission (IOC) of UNESCO and the International Hydrographic Organization (IHO).  
**Relief**  
Elevation data were derived from Canada-Relief, Fifth Edition of the National Atlas of Canada [map], printed in 1986.

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